



# KURO OBI KARATE

## LOCATION

Top Floor, Next Level Fitness HQ  
1535 Centre Rd  
Clayton, VIC, 3168

## CONTACT

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## SIGNUP



<https://otsu.io/v>

## TIME TABLE

| MON                             | TUE   | WED                             | THU  | SAT (am)                            |
|---------------------------------|---|---------------------------------|--|-------------------------------------|
|                                 | 4:30 Extra Assistance<br>(Booking Essential)  |                                 | 4:30 Extra Assistance<br>(Booking Essential) | 8:00 Weapons                        |
| 5:00 Samurais                   | 5:00 Samurais                                 | 5:00 Samurais                   | 5:00 Samurais                                | 9:00 Samurais                       |
| 5:30 Juniors                    | 5:30 Juniors & Teens                          | 5:30 Juniors                    | 5:30 Juniors                                 | <b>9:30 General Class: Everyone</b> |
| 6:30 Teens<br>& Juniors: Green+ | 6:30 Weapons<br>Juniors: Green+, Teen & Adult | 6:30 Teens<br>& Juniors: Green+ | 6:30 Teens<br>& Adults                       | 10:30 Adults<br>& Others: Purple+   |
| 7:30 Adults<br>& Teens: Green+  | 7:30 Adults                                   | 7:30 Adult<br>& Teens: Green+   |  |                                     |
| 8:30 Weapons                    |   |                                 |  |                                     |

\* Closed Public Holidays \*

| AGE     | GROUP    |
|---------|----------|
| 4 - 6   | Samurais |
| 7 - 11  | Juniors  |
| 12 - 16 | Teens    |
| 17+     | Adults   |

## DOJO RULES

- If possible, students should arrive at the Dojo in uniform
- Electronic devices to be on silent inside the Dojo
- Ensure feet are clean before training
- Bow when entering and leaving the Tatami
- Wear shoes when going to the toilet
- No shoes, food or drinks on the Tatami
- No chewing gum
- No jewellery worn during training
- If unwell or have illness symptoms, PLEASE STAY HOME